

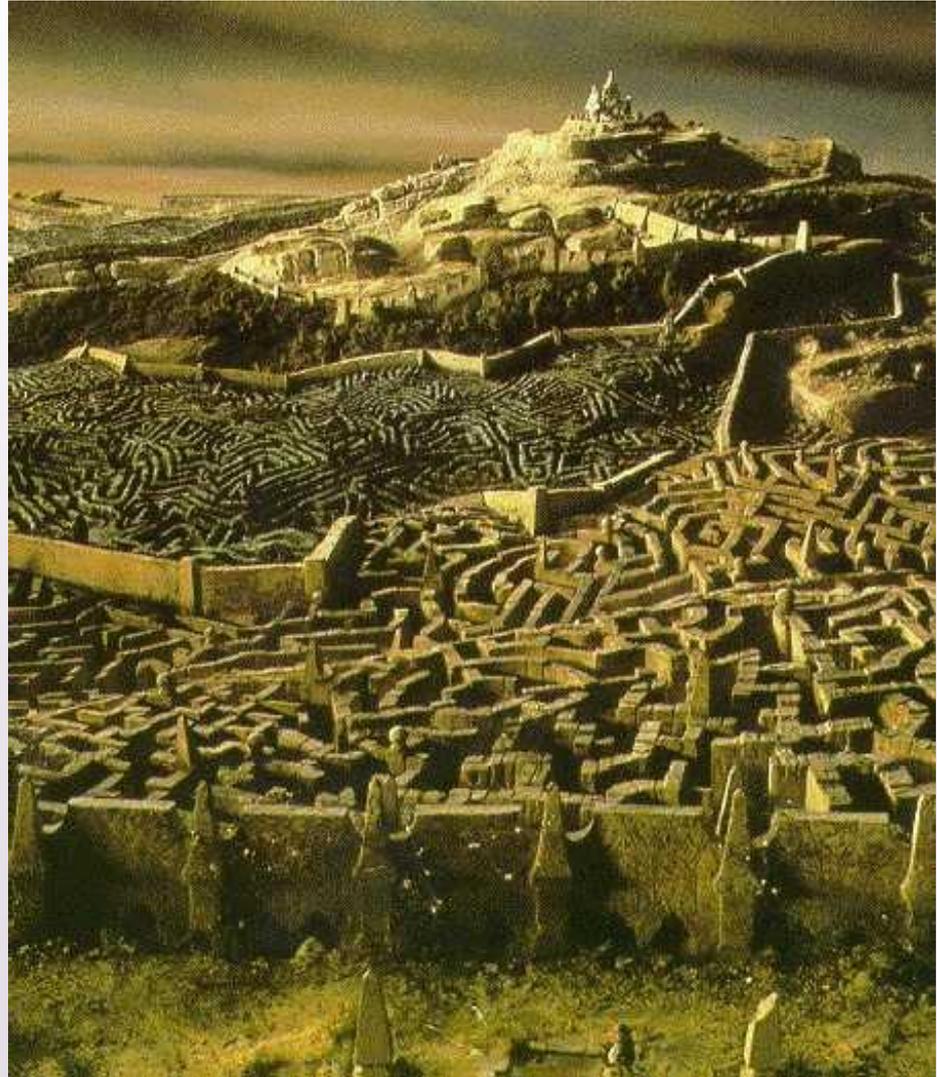


Treating adult sex offenders: Safe Offender Strategies and the role of self-regulation in sex offender treatment

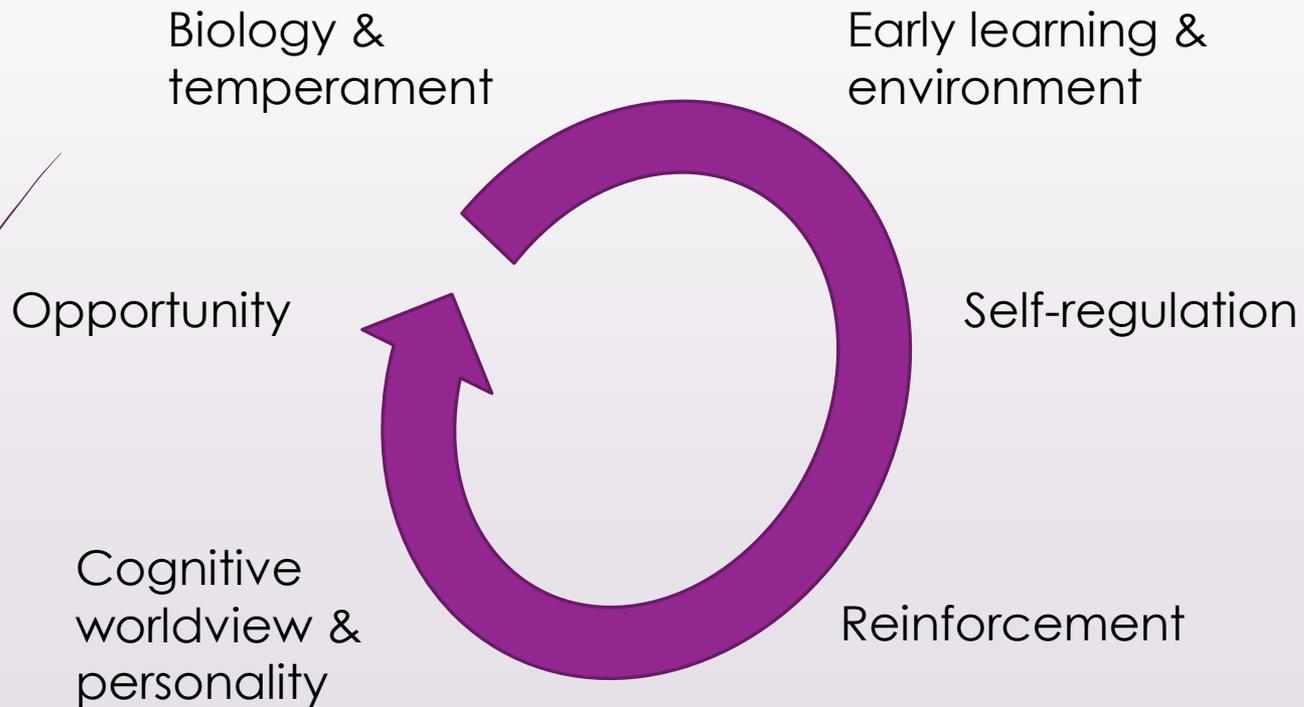
April 12, 2016

Jill D. Stinson, PhD

Sex offender treatment isn't easy.

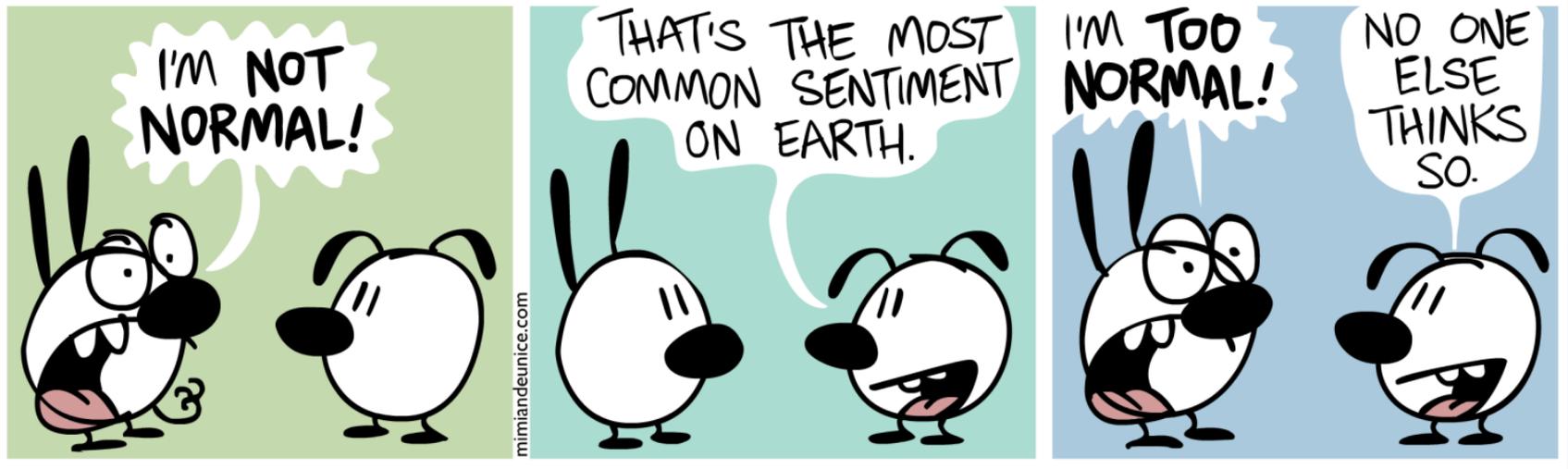


Multimodal Self-regulation Theory



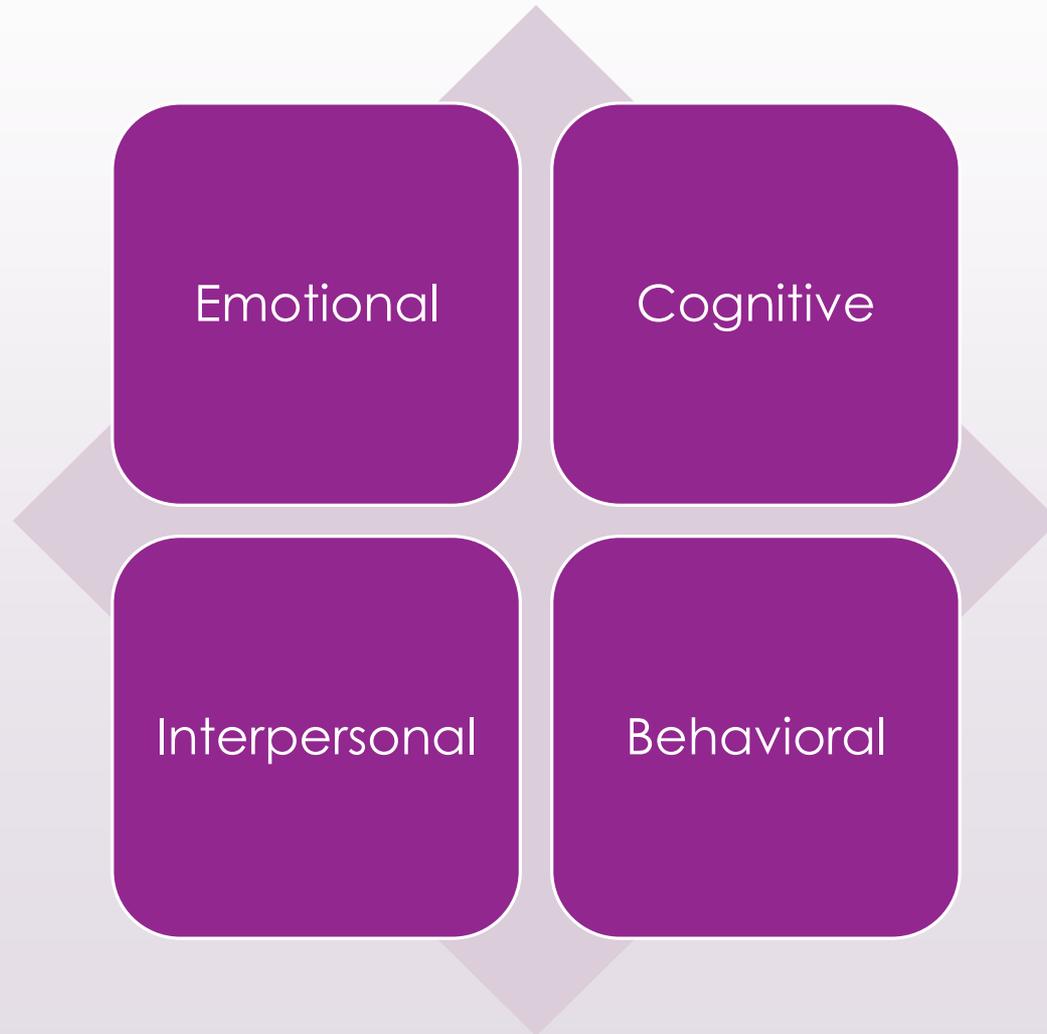
Fundamental assumptions of SOS

- Where is the pathology?





Dysregulation



Treatment targets

- Dynamic predictors of risk
- Behavioral dysregulation & maladaptive self-regulatory strategies
- Risk-Needs-Responsivity concerns

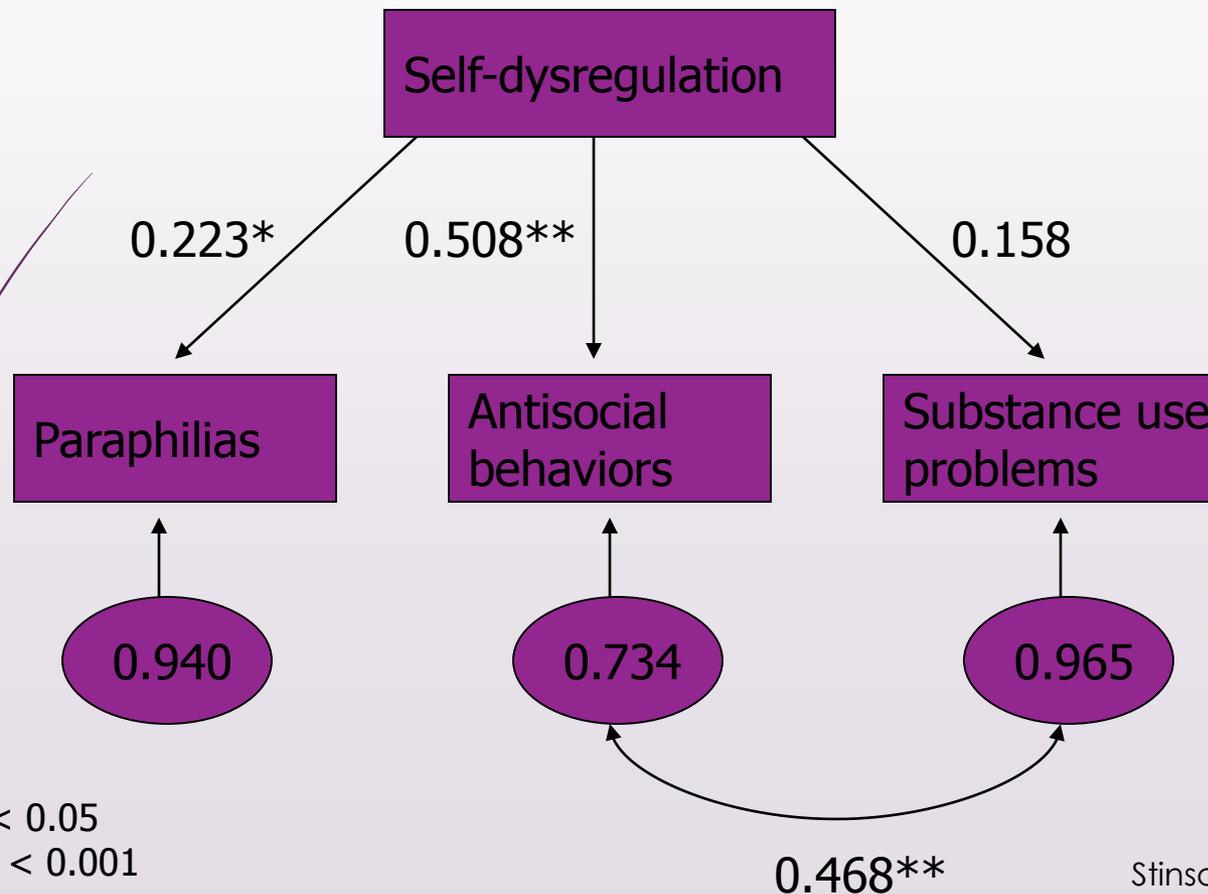




SOS: An overview

- What do the modules address?
- Structure & length of treatment
- Target client populations
- Role of the treatment provider

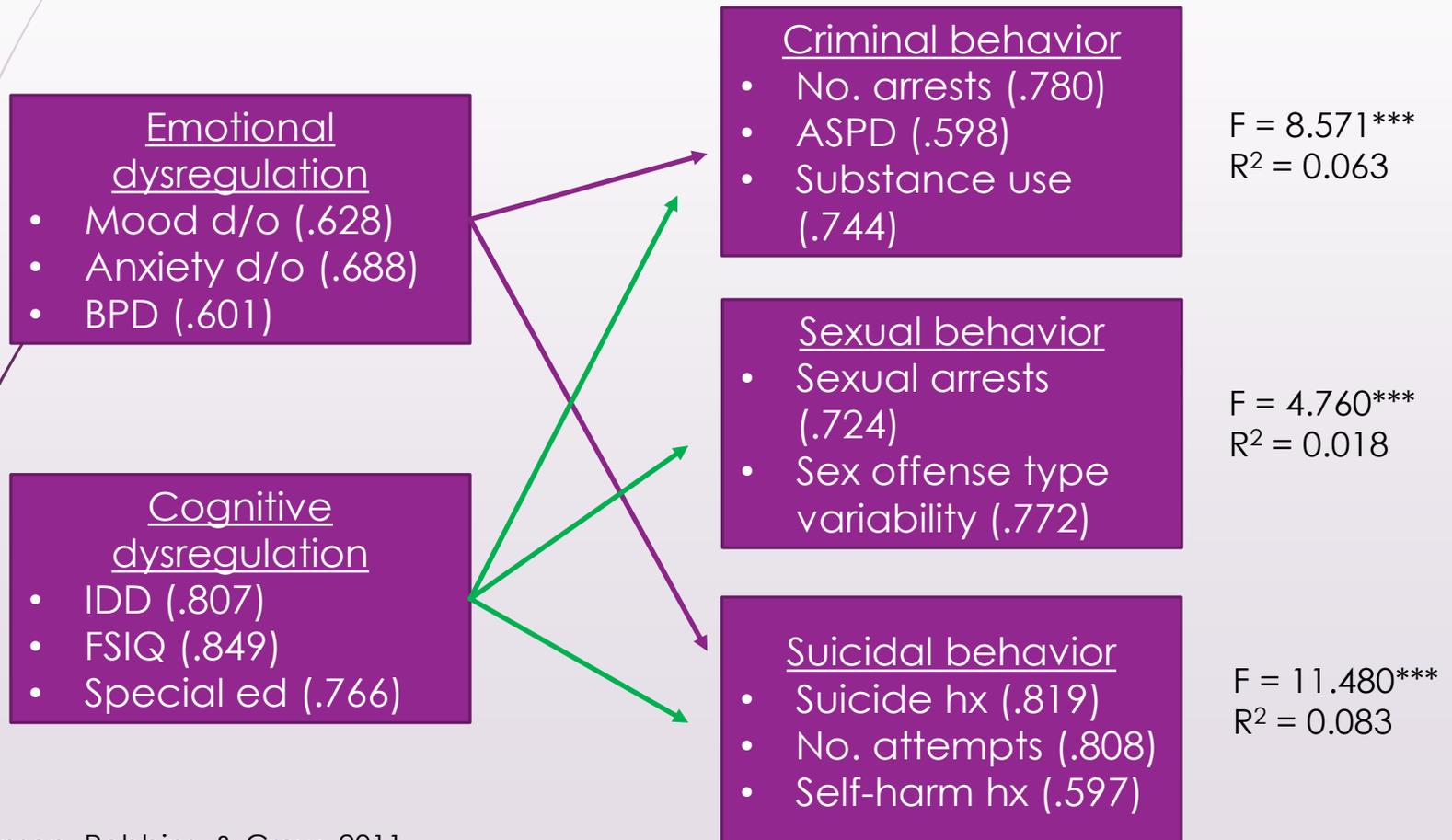
Empirical support: Theoretical foundation



$\chi^2 = 1.312, p = 0.519$
RMSEA = 0.000
GFI = 0.993
AGFI = 0.966
NFI = 0.982
CFI = 1.000

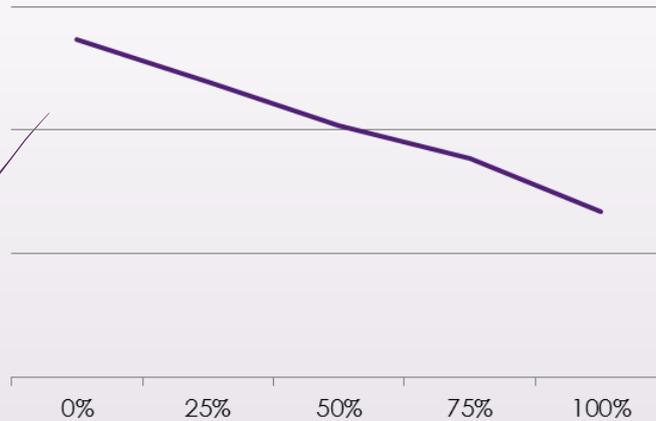
* $p < 0.05$
** $p < 0.001$

Empirical support: Theoretical foundation



Empirical support: SOS

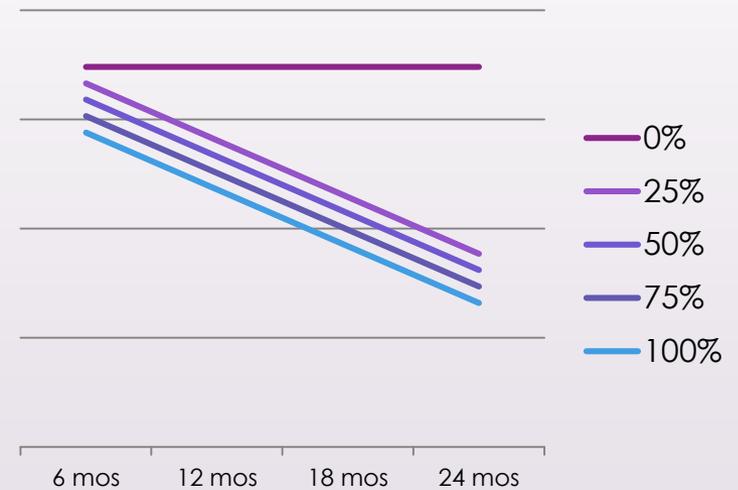
Rate of sexual offenses as a function of % groups attended over 2 yrs



RMSEA = 0.096
AIC = 13504.339
BIC = 13527.236

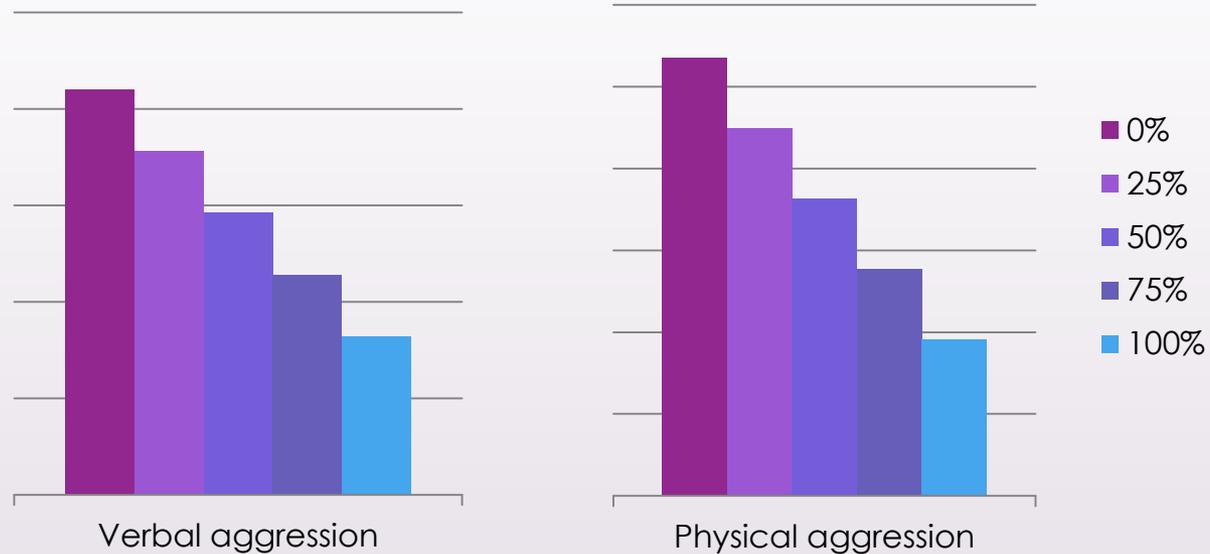
SOTIPS sex offense responsibility subscale

$F = 65.373, p < 0.001; R^2 = 0.526$



RMSEA = 0.231
AIC = 20523.557
BIC = 20551.058

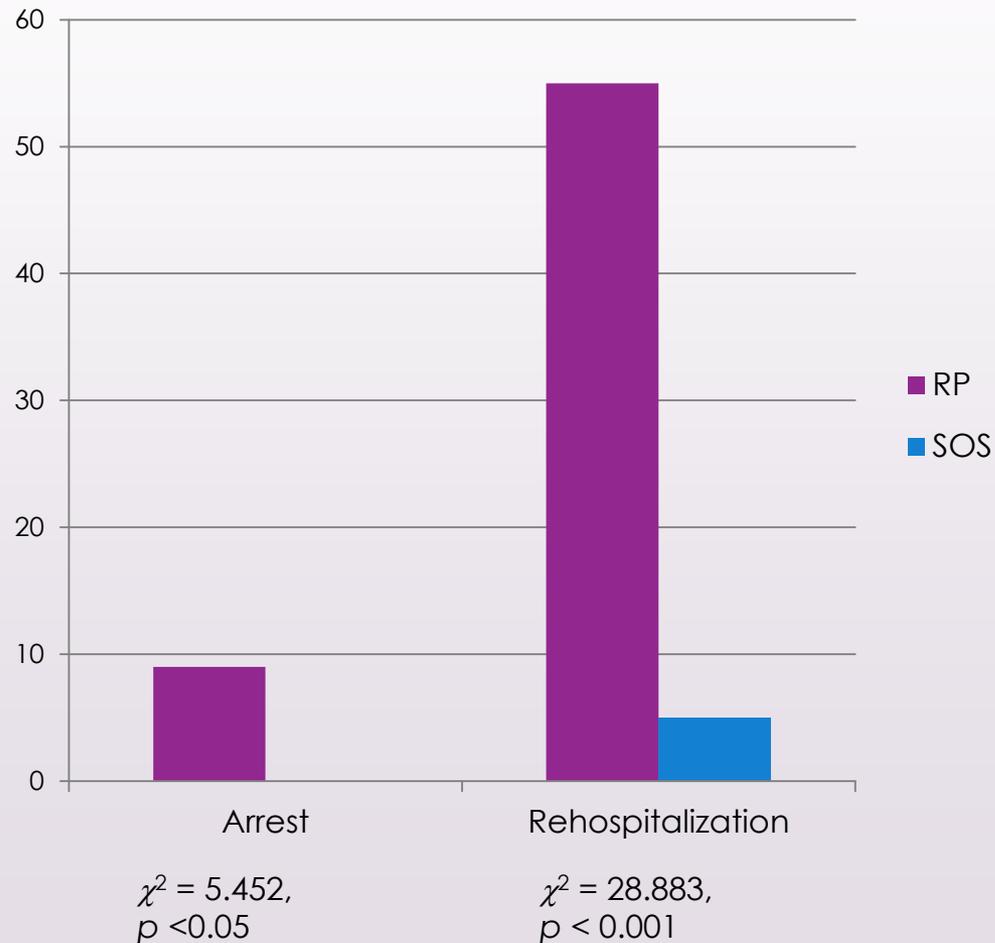
Empirical support: SOS



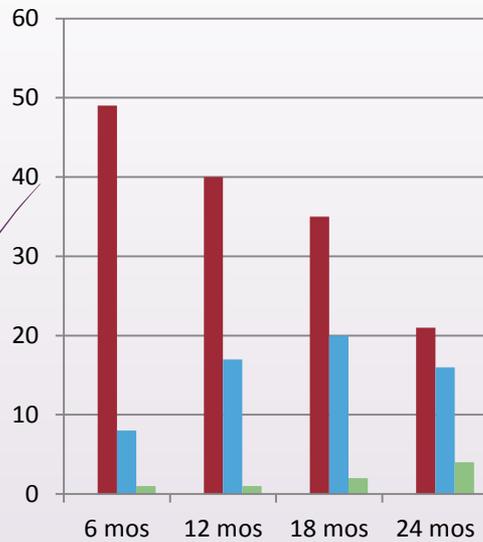
$F = 33.198, p < 0.001;$
 $R^2 = 0.360$

$F = 34.801, p < 0.001;$
 $R^2 = 0.371$

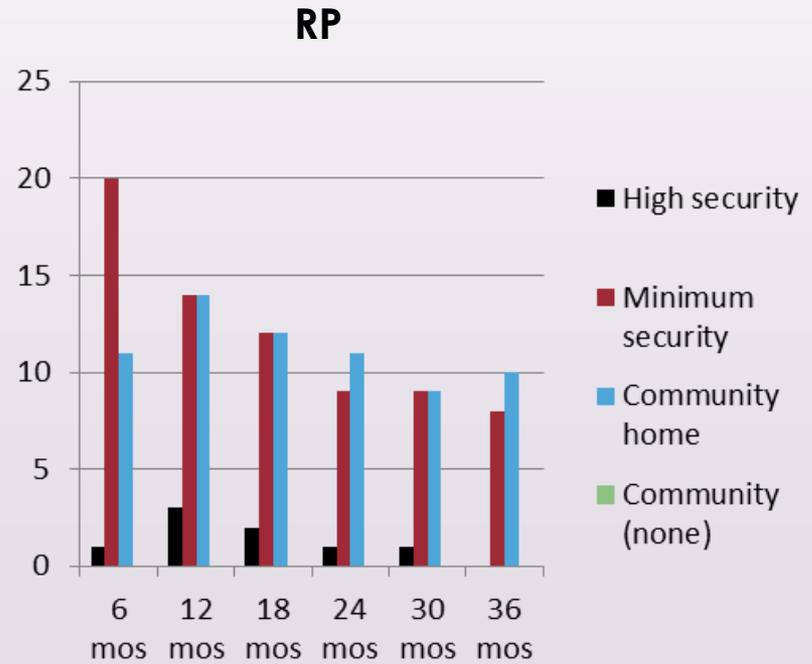
Empirical support: SOS



Empirical support: SOS



SOS



RP

Questions?





References



- ▶ Stinson, J.D., Becker, J.V., & McVay, L.A. (in press). Treatment progress and behavior following two years of inpatient sex offender treatment: A pilot investigation of Safe Offender Strategies. *Sexual Abuse: A Journal of Research and Treatment*.
- ▶ Stinson, J.D., McVay, L.A., & Becker, J.V. (2016). Post-hospitalization outcomes for psychiatric sex offenders: Comparing two treatment protocols. *International Journal of Offender Therapy and Comparative Criminology*, 60 (6), 708-724.
- ▶ Stinson, J.D., Robbins, S.B., & Crow, W.C. (2011). Self-regulatory deficits as predictors of sexual, aggressive, and self-harm behaviors in a psychiatric sex offender population. *Criminal Justice and Behavior*, 38 (9), 885-895.
- ▶ Stinson, J.D., Becker, J.V., & Sales, B.D. (2008). Self-regulation and the etiology of sexual deviance: Evaluating causal theory. *Violence and Victims* 23 (1), 35-52.
- ▶ Stinson, J.D., Sales, B.D., & Becker, J.V. (2008). *Sex offending: Causal theories to inform research, prevention, and treatment*. Washington, DC: American Psychological Association.