

Kahn and Hansen & Associates

11747 N.E. 1st Street, Suite 330, Bellevue, WA 98005
(425) 462-9647 Fax (425) 462-9333 E-mail: timothykahn@cs.com

*Program Development, Staff Training, and Consultation Services
Specialized Evaluation Services/Individual, Group, and Family Therapy*

Group Therapy Advancement Requirements Revised March 2017

Entry Status:

For persons who acknowledge the need for help and are willing to be in group. Members in entry status are beginning the treatment process, or have been reduced in status due to problem behavior. Completion of daily diary is required.

Voting Status:

For group members who have received a 100% "yes" vote to become permanent group members. To qualify for voting status, the following conditions must be met:

1. Consistent attendance, no unexcused absences.
2. Completion of weekly treatment checklist, diary, and fantasy tracking (if assigned).
3. Completion of chapters 1-3 in Pathways or Roadmaps.
4. Completion of disclosure (sexual history) in front of group.
5. Shows basic commitment to the treatment process, and to following treatment and probation and parole rules.
6. Completes Voting Status Review Test.
7. Receives unanimous group vote.
8. Completes a Pig to demonstrate awareness of importance of delaying gratification.
9. Consistently brings all treatment work (Pathways, diaries, and folder) to all individual and group sessions. This needs to be done throughout the treatment process.

Advanced Status:

For group members who have achieved major treatment milestones, and are preparing for graduation from the treatment program. To get voted into advanced status, 100% of voting group members must approve the promotion. The requirements are:

1. Active voting member for at least 3 months.
2. Consistent high quality homework and completion of all work on weekly treatment assignment checklist.
3. Completes through chapter 11 in Pathways or Roadmaps.
4. No unexcused absences for 3 months.
5. Openly brings up own treatment issues on a regular basis.
6. No evidence of self-centeredness, laziness or dishonesty in day-to-day life.
7. Parents or guardians report that client is using treatment skills outside the group in the client's day-to-day life.
8. Actively supports, confronts, listens, and questions other group members.

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9. Remembers group issues and concerns, and takes an interest in the well-being of others.
10. Speaks clearly with good social skills, avoids use of thinking errors such as "I don't know," and demonstrates respectful and sensitive behavior in group.
11. Demonstrates responsibility, sensitivity, and integrity in daily life.
12. Completes boundary assignments after Chapter 4 for a minimum of two weeks, and demonstrates respect for boundaries in daily life.
13. Successfully passes a polygraph test.
14. 100% group vote approving advanced status.
15. Completes arousal reconditioning assignment (CS, VS, Tracking, etc.: Normally 10 or more hours).
16. Completes Advanced Status Review Test
17. Completes a Pig to demonstrate awareness of importance of delaying gratification.
18. Brings all treatment work (Pathways, diaries, and folder) to all individual and group sessions.

Graduation Status:

1. No unexcused absences for at least 3 months since achieving advanced status.
2. Continued consistent high quality homework and completion of all tasks on weekly assignment checklist.
3. Completes victim perspective assignment, including answering victim questions.
4. Openly brings up own treatment issues on a regular basis.
5. Actively supports, confronts, listens, and questions other group members.
6. Remembers group issues and concerns, and takes an interest in the well-being of others.
7. Demonstrates active, involved support network.
8. Meet with parent's group to discuss history, relapse plan, support system, etc.
9. Completes individual project assigned by counselor.
10. Speaks clearly with good social skills, avoids use of thinking errors such as "I don't know," and demonstrates respectful and sensitive behavior in group.
11. 100% group vote approving Graduate status.
12. Completes truth (denial) story assignment.
13. Completes self-letter assignment.
14. Completes Healthy Living Project and presents it to group.
15. Completes graduation requirements paper and STOP Plan contract and presents it to group.
16. Demonstrates responsible decision-making and commitment to maintaining healthy lifestyle.
17. Shows general lifestyle stability, no criminal conduct, and positive control over impulsive behavior.
18. Maintains healthy interpersonal relationships, shows care and concern for others, demonstrates empathy, and practices responsible sexual behavior if sexually active.

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19. Demonstrates a non-deviant sexual arousal pattern, and actively avoids all high risk situations.
20. Develops a meaningful aftercare plan.
21. Obeys all laws, and shows ability to delay gratification in daily life.
22. Parents report that client is using treatment skills in daily life and support client's graduation from the treatment program.
23. Completes a Pig to demonstrate awareness of importance of delaying gratification.

Note: Successful graduation from the sexual deviancy program is required if support for dismissal of registration requirement is sought.

Reduction in Group Status:

Any group member may be demoted to the preceding status at any time by a 2/3rds majority group vote, and permission of the group leaders. Demotions may occur if a member is failing to make substantial progress in treatment, or has violated the treatment contract. Group leaders may also demote members at any time without a group vote.

Client's Signature

Date